

Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 10 Number 2
March 2009

SaySo Board of Directors 2009-2010

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

SaySo, Inc.
c/o ILR, Inc.
411 Andrews Rd., Ste. 140
Durham NC 27705
Phone: 800/820-0001
Fax: 919/384-0338
Web Site: www.saysoinc.org
Email: sayso@ilrinc.com

Board of Directors 2008-2009:

Cherish C. (Co-Chair) Region 1
fairyllove8426@hotmail.com
Nicole L. (Co-Chair) Region 4
Niqqi21@yahoo.com
Reneka C. (Treasurer) Region 2
Renekarc16@yahoo.com
Jackie S. (Secretary) Region 1
Jmsparks15@yahoo.com
Samantha H. Region 1
1roxsox@gmail.com
LaRico C. Region 2
laricocruse@yahoo.com
Chaetez "Chae" C. Region 2
chaethaking@yahoo.com
Jasmine E. Region 2
Jnedmond2007@yahoo.com
Melissa A. Region 3
austinmariemelissa@yahoo.com
Jasper H. Region 3
hilliardjasper@yahoo.com
Keyona R. Region 3
shortnsweet_916@yahoo.com
Erica F. Region 4
efaulk89@yahoo.com
Brittany H. Region 5
babiegirl25290@yahoo.com
Deborah J. Region 5
deedeesmileyluv@yahoo.com
Chaney P. Region 6
chaneyporter85@yahoo.com
Amber S. Region 6
amber_vs@yahoo.com
Shelby T. Region 6
redheadedsweetie92@yahoo.com



Region 1: Cherish C., Jackie F., Savannah H., Samantha H., Amber S.

Region 2: Reneka R-C., Brittany W.

Region 3: Chad F., Keyona R., James S.

Region 4: Erica F., Nikki L., Marcella M.

Region 5: Shanita G., Titianna G., Casey H.

Congratulations to the newly elected Board of Directors!

To out **MORE** info on the SaySo Board and SaySo!

Visit www.saysoinc.org

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**Some Ideas for
Getting Ready For
Foster Care Month-
May**



Learn about your local county resources for Foster Youths

Volunteer in your community

Volunteer to mentor a younger youth in Foster Care

Speak with Foster Parents on the needs of older youth in care

Create a Brochure to be sent out to youth about resources in your area

Plan a trip to Raleigh to speak with Legislators on what you believe NEEDS to happen for Foster Care/Youths

Meet with your County Director to discuss ideas on how to improve Foster Care

Any other Ideas???

SaySo Road Show

SaySo is hitting the road and coming to a town near YOU!

**Local County Department Social Services
Universities and Colleges
Conferences – State and National
For Professionals, Foster Parents and Foster Youth**



Workshops – “The System,” Communication Skills, Independent Living Skills, Working with Teens, and MANY MORE!

Please contact SaySo Program Coordinator Rhiannon Galen if you would like more information

sayso@ilrinc.com

1-800-820-0001

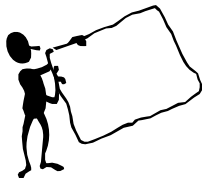
College Scholarship Corner: Also Available on the SaySo Website!!!

www.cfnc.org – a great website for resources on funding for college!

www.princetonreview.com – great website to search for info on ALL colleges and scholarships

www.ncreach.org – learn about a FREE college education in North Carolina

SaySo Poster Contest



Theme: “Come Home to SaySo”

Prizes: 1st place - \$75

2nd place - \$50

3rd place - \$35

Deadline: **June 15th** (Submissions are being accepted NOW!)

1st place winning poster will be printed and displayed all over North Carolina!

We are looking for youths with Artistic Talent who can CREATE an AMAZING poster! We need a great DESIGN to go with our Theme - “Come Home to SaySo”

You can submit your Poster ideas to:

Rhiannon Galen 1-800-820-0001

411 Andrews Rd. Suite 140

Durham, NC 27705